

## Seasonal Assessment – Spring 2026

The following represents a provisional assessment of the weather experienced across the UK during Spring 2026 (March, April and May 2026) and how it compares with the 1991 to 2020 average.

Spring was dry, sunny and warm compared to average with a north-south gradient which saw the warmest and driest weather in south-east England. It was the third warmest spring on record for the UK and warmest for England and Wales. Despite the broken records, the weather was changeable with unsettled conditions interchanging with periods of high pressure. April saw the fourth named storm of the season and May saw the first heatwave of the year.

March was mild and changeable; it started warmer than average across much of the country with rainfall less persistent than in previous months as the blocking pattern broke down. However heavier rain returned over Scotland mid-month and strong winds later in the month cause travel disruption in some areas. April started wet and cool, Storm Dave, the fourth named storm of the season, arrived on the 4-5<sup>th</sup> bringing heavy rain to Scotland and Northern Ireland and strong winds across the UK. Winds gusted at over 60Kt (69mph) in the worst affected areas with a number of stations recording their highest maximum April gust on record. The unsettled weather continued to mid-month when high pressure conditions arrived, resulting in clear skies, mild temperatures and very little rainfall. May started unsettled but the second half of the month saw record breaking heat with the first heatwave of the year. Heatwave thresholds were met across much of central and southern England and Wales. Provisionally, Kew Gardens (London) recorded a new May maximum daily temperature on the 25<sup>th</sup>, which was broken again the very next day as temperatures continued to rise. The new record of 35.1°C beat the previous longstanding record of 32.8°C from May 1944. More than 20 other stations also saw temperatures above the 1944 record, with many recording new station record May temperatures.

Spring 2026 saw UK temperatures provisionally 1.25°C warmer than the 1991-2020 average. England was particularly warm (1.75°C above average) and this record places the top three warmest Springs for England as 2026, 2025 and 2024 in a series from 1884.

Overall, this was a dry spring with the UK recording 86% of average rainfall and only Scotland having slightly above average totals at 107%. Southern England was particularly dry with only 50% of normal Spring rainfall recorded and the 8<sup>th</sup> driest spring on record.

The UK recorded 120% of average sunshine hours for spring overall with all countries and districts seeing above average totals.

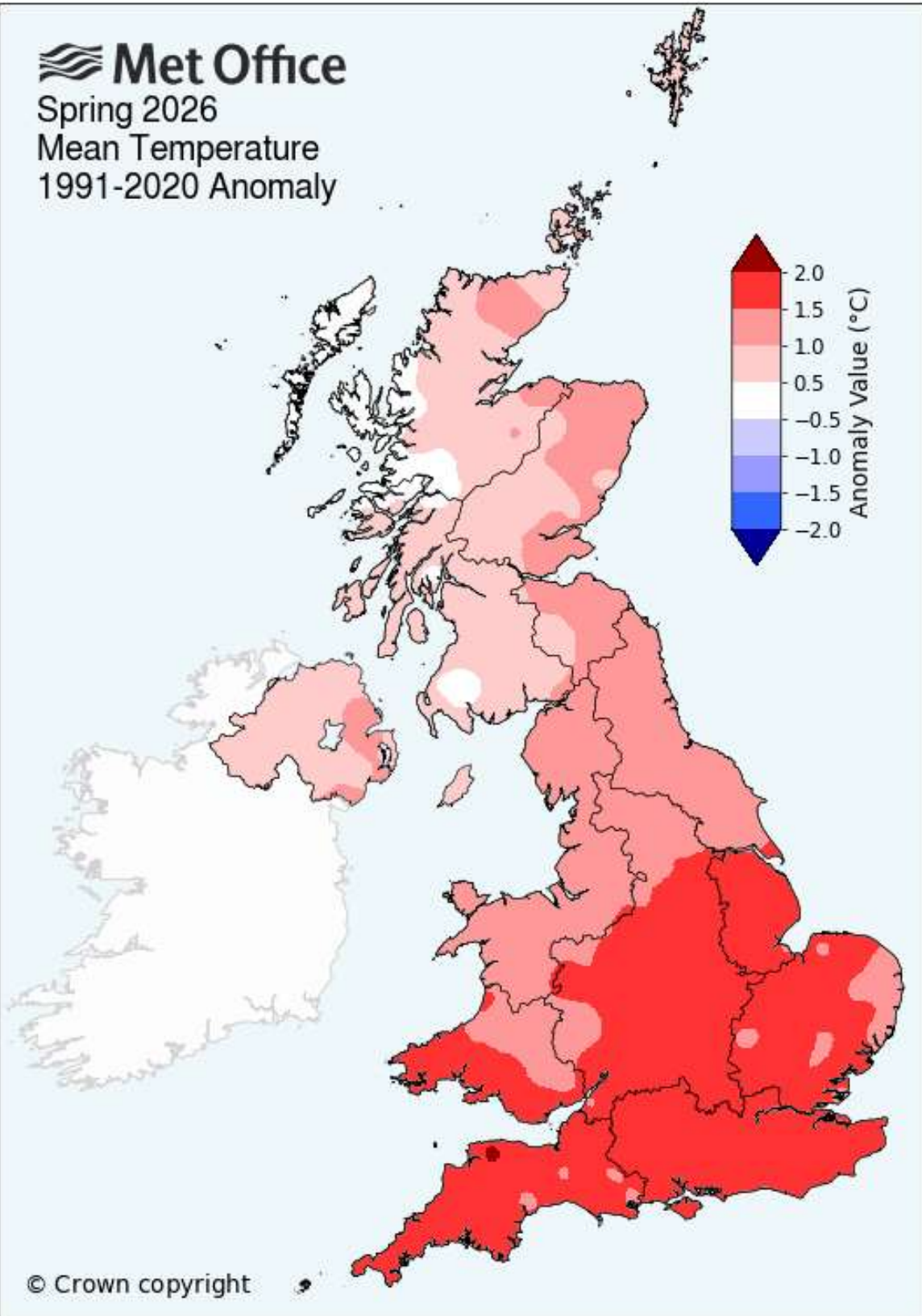
UK statistical summary		
Mean temperature	Rainfall	Sunshine
The provisional mean value for Spring 2026 is 9.33°C, which is 1.25°C above the 1991-2020 average.	The provisional total for Spring 2026 is 196.6mm, which is 86% of the 1991-2020 average.	The provisional total for Spring 2026 is 548.4 hours, which is 120% of the 1991-2020 average.

 **Met Office**

Spring 2026

Mean Temperature

1991-2020 Anomaly



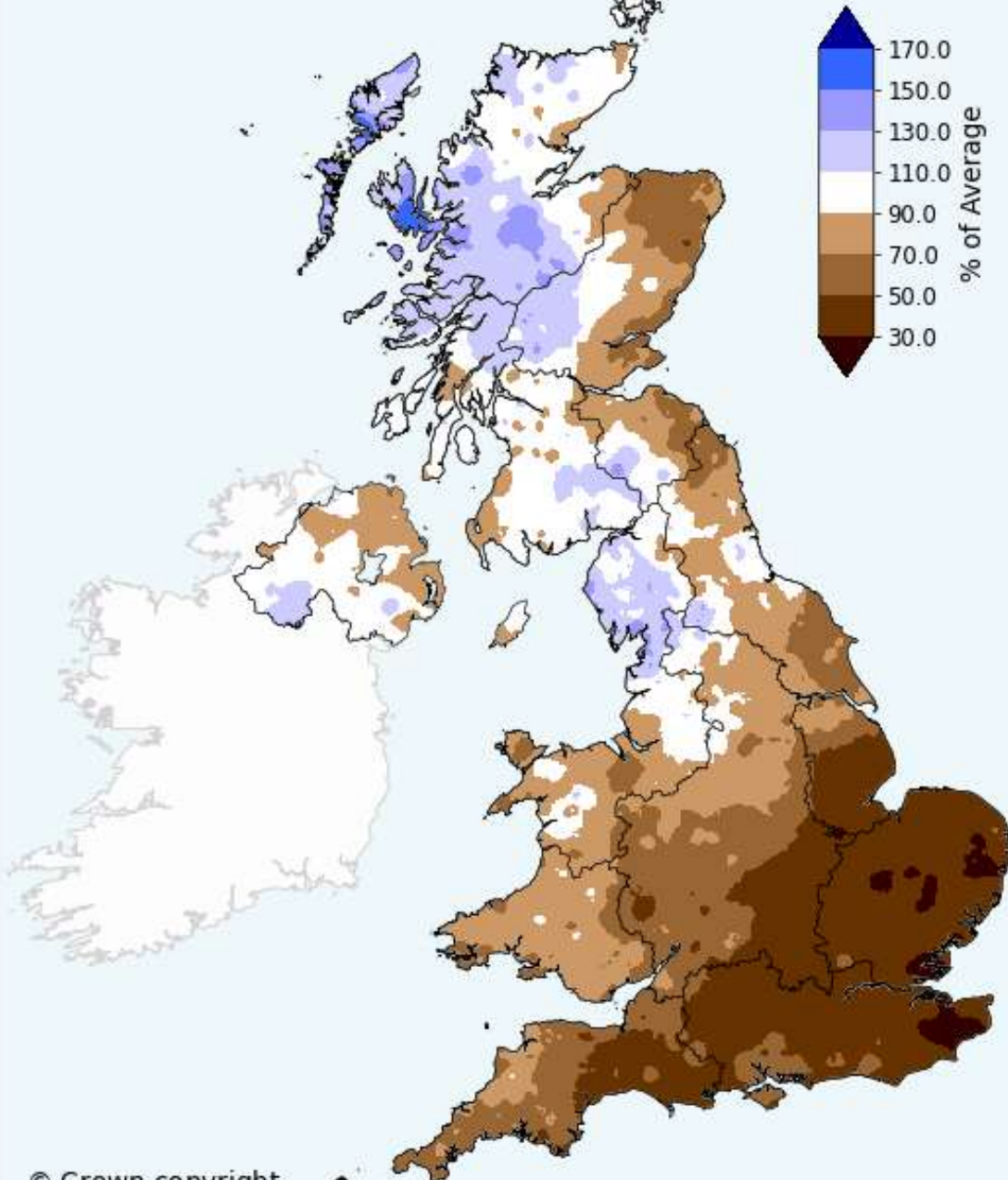
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Spring 2026

Rainfall Amount

% of 1991-2020 Average



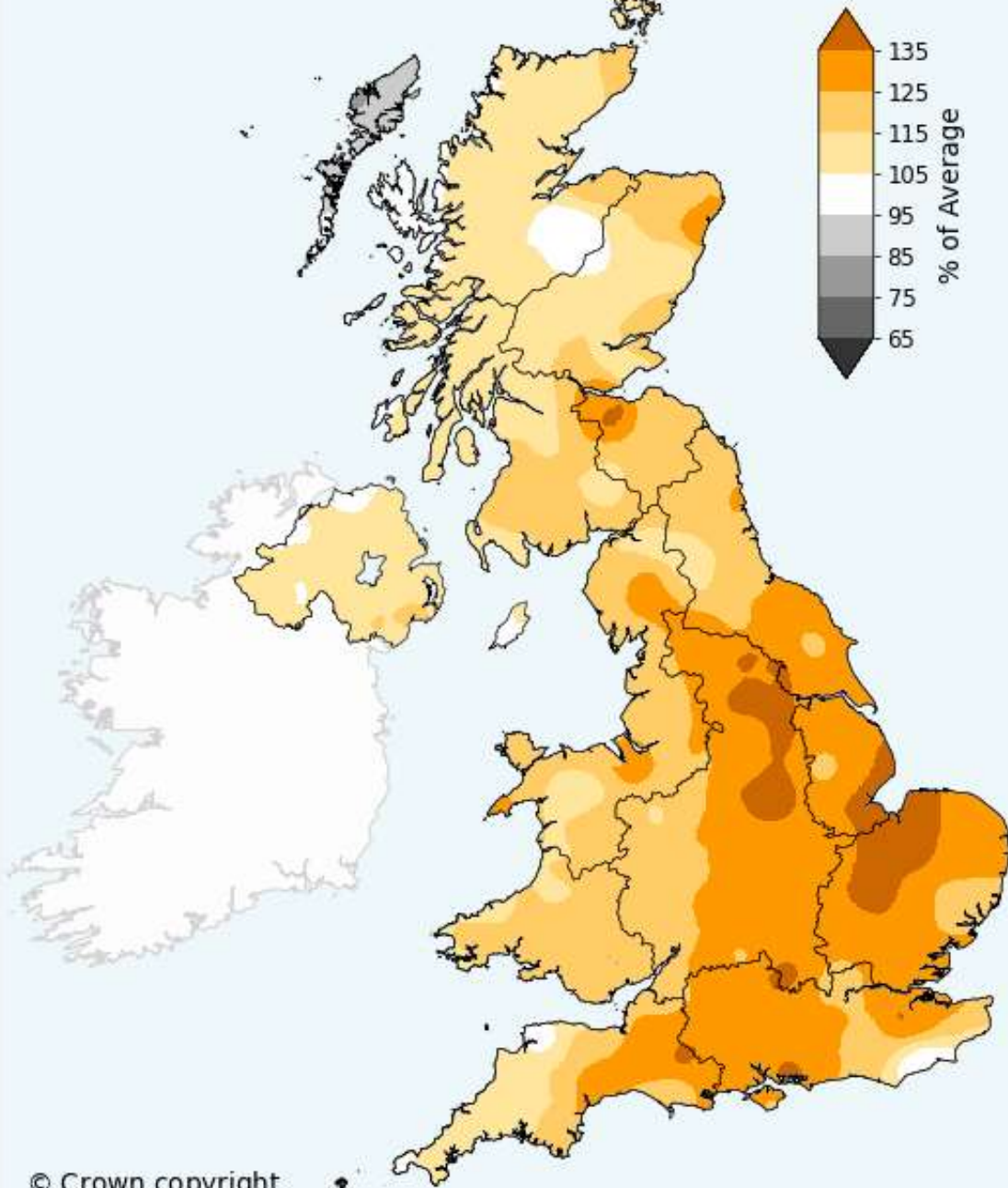
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Sunshine Duration

% of 1991-2020 Average



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### Mean Temperature - Spring 2026 - UK

