


Are you **WeatherReady?**

Thinking ahead and preparing for what the weather may bring can make a real difference. Here is a simple checklist to prepare yourself, your vehicle and your home or business.

Be ready to get active

- Wear suitable clothing and footwear
- Bring water
- Apply sunscreen



Check your house and garden

- Check roof
- Clear guttering



Take the worry out of summer storms

- Clear drains to avoid blockages
- Store garden items during strong winds




Be prepared for hot weather

- Wear sunscreen and a wide brimmed hat
- Seek shade between 11am and 3pm
- Drink plenty of water



Keep an eye on UV and pollen levels

- Check the forecast
- Stock up on sunscreen and hay fever medicine



Check your vehicle is summer ready

- Top up screen wash, oil and coolant
- Check tyres



Look out for those around you

- Check on neighbours
- Ask if you can help



Have basic supplies to hand

- Key information and phone numbers
- Bottled water and medicines
- Torch and spare batteries




www.metoffice.gov.uk/WeatherReady

Are your friends, neighbours and community WeatherReady for the summer?

Help them prepare by sharing this checklist or join the conversation online #WeatherReady