

## Seasonal Assessment – Autumn 2025

The following represents a provisional assessment of the weather experienced across the UK during Autumn 2025 (September, October and November 2025) and how it compares with the 1991 to 2020 average.

Autumn has seen slightly above average temperatures and above-average rainfall. The weather has been unsettled, with the first three named storms of the 2025/2026 season and low pressure systems bringing frontal rain across the country.

September was very unsettled, while October saw two named storms, Storm *Amy* and Storm *Benjamin*. *Amy* brought heavy rain to northern parts of the UK at the start of the month while *Benjamin* affected southeastern parts of the UK in late October. Storm *Claudia* brought persistent heavy rain to central England and Wales in mid-November. The second half of November also saw disruption from snow across the North York Moors during a cold northerly spell bringing Arctic Maritime air and some hard frosts.

Autumn 2025 was warmer than average across the eastern half of the UK, but near average in the western half, with the UK overall 0.43°C warmer than 1991-2020. The first half of November in particular was very mild, but there were spells of colder weather in mid and late September, late October and the second half of November. England had its 10th warmest autumn on record for average minimum temperatures in a series from 1884.

Overall, this was a rather wet autumn with the UK recording 120% of average autumn rainfall. Northern Ireland had its third wettest autumn on record in a series from 1836 and Wales had its 10th wettest autumn. Northern England had its fifth wettest autumn. The autumn rainfall total of 403.4mm easily exceeded spring and summer 2025 combined (340.4mm). Rainfall totals exceeded 200% of average in parts of Wales, Northern Ireland and northern England in September, and across a swathe from the East Midlands to Lincolnshire in November.

The UK recorded 95% of average sunshine hours for autumn overall, with the west of the country being the dullest. Northern Ireland recording its dullest autumn since 1983.

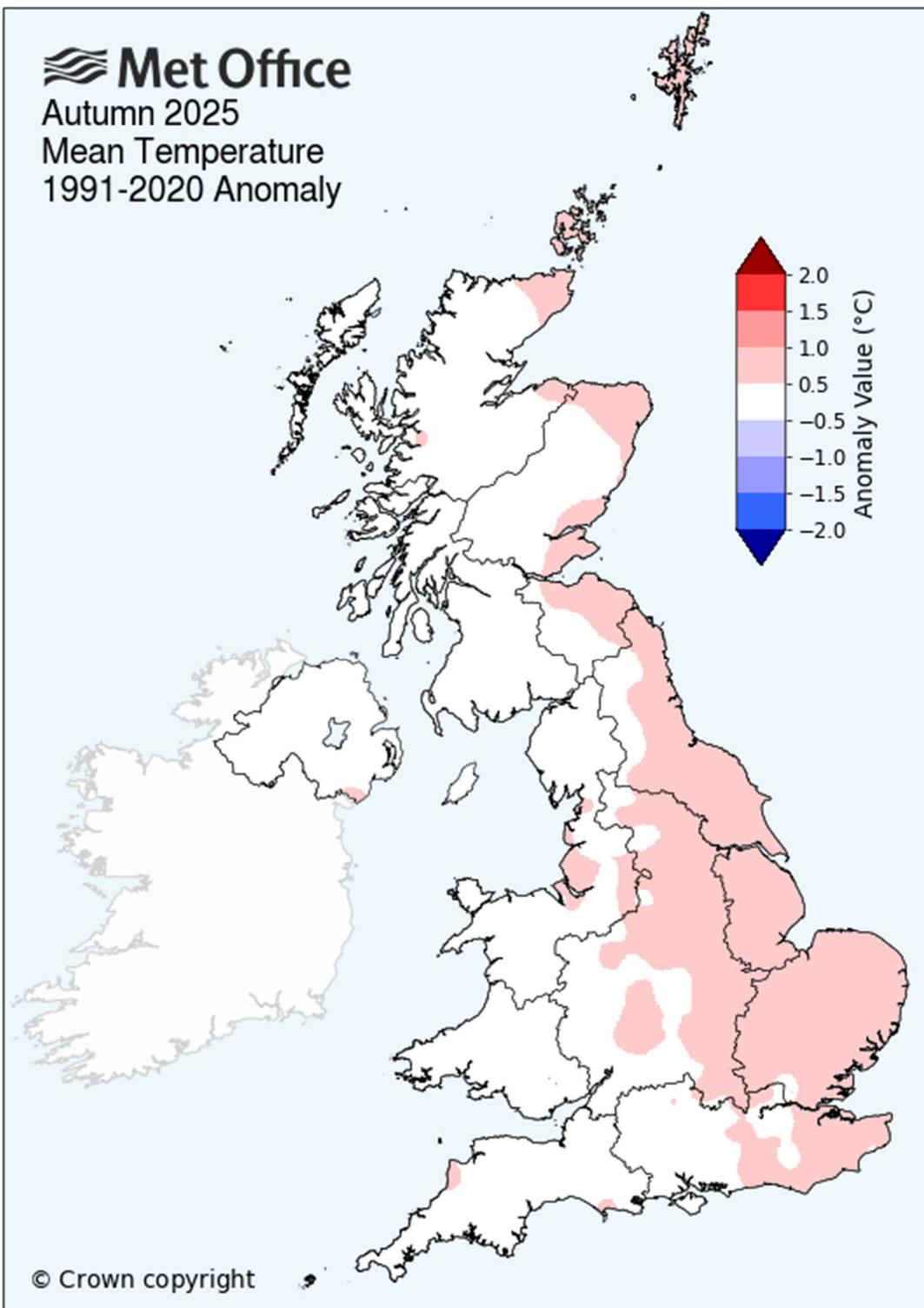
UK statistical summary		
Mean temperature	Rainfall	Sunshine
The provisional mean value for Autumn 2025 is 10.15°C, which is 0.43°C above the 1991-2020 average.	The provisional total for Autumn 2025 is 403.4 mm, which is 120% of the 1991-2020 average.	The provisional total for Autumn 2025 is 264.2 hours, which is 95% of the 1991-2020 average.

 **Met Office**

Autumn 2025

Mean Temperature

1991-2020 Anomaly



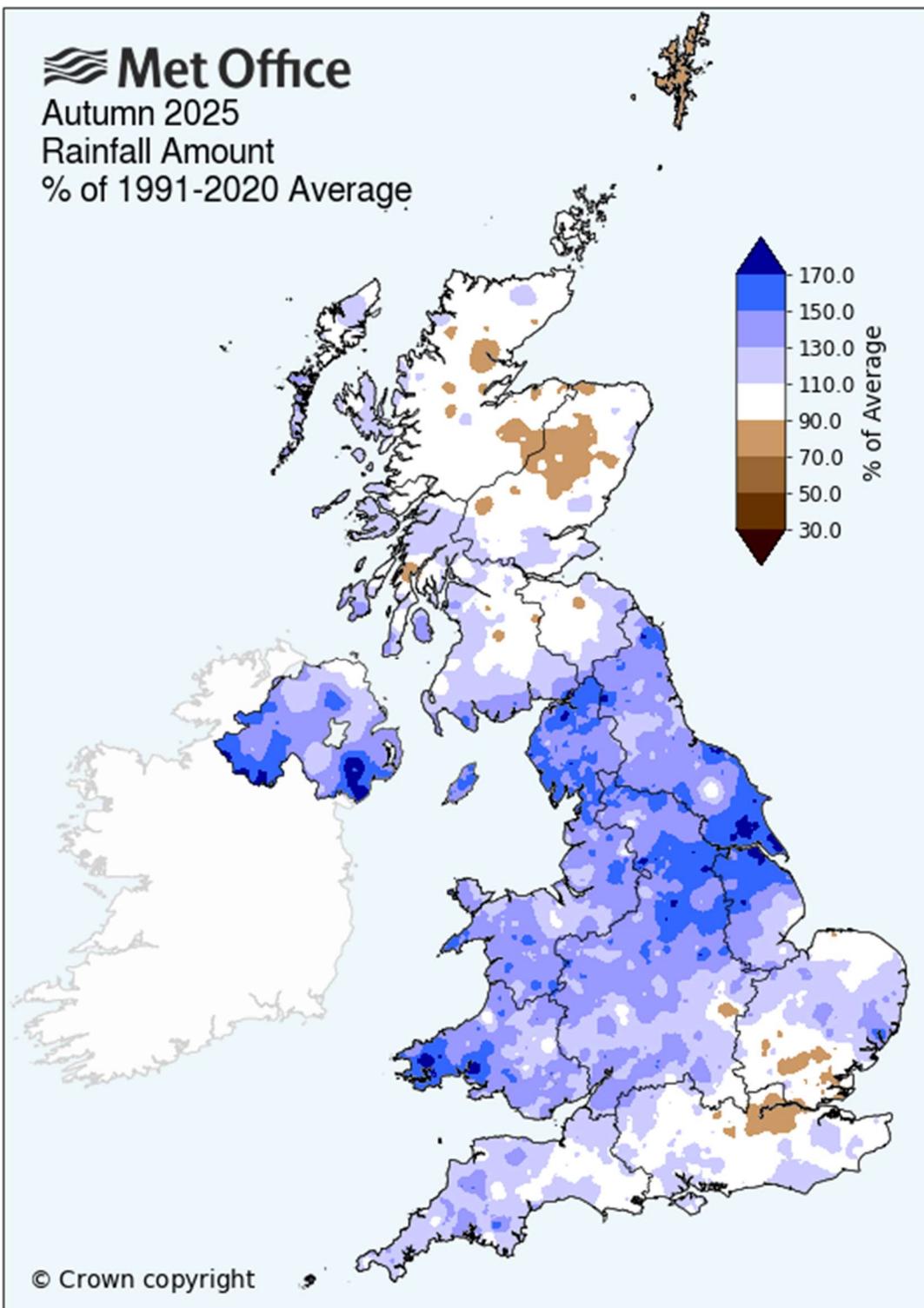
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Autumn 2025

Rainfall Amount

% of 1991-2020 Average

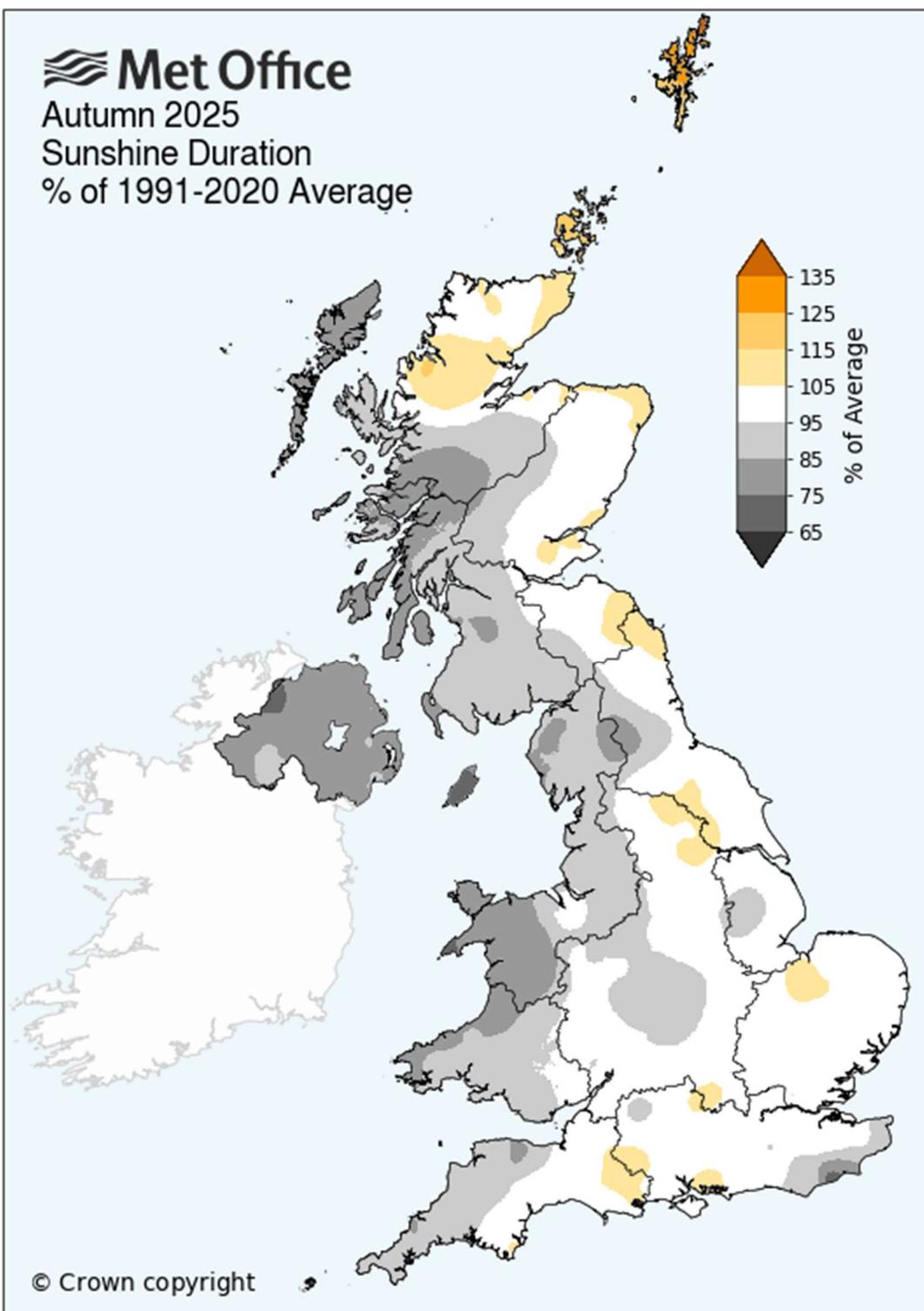


 **Met Office**

Autumn 2025

Sunshine Duration

% of 1991-2020 Average



### Mean Temperature - Autumn 2025 - UK

