

# WEATHER READY Checklist

## 1. Get your flu jab



Flu can have a major impact on vulnerable people and you may be entitled to your vaccination free of charge.

## 2. Check your vehicle is winter ready



Top up anti-freeze screen wash, check your tyres and think about a winter kit for your car.

## 3. Make a 'plan B' for commuting and childcare



Consider alternative commuting plans for severe weather, and alternative childcare plans in case of school or nursery closures.

## 4. Check your heating



Cold weather can be a risk to your health, particularly if you are over 65 or have health conditions. Your home should be heated to at least 18 °C.

## 5. How will you access information?



Consider how you would access vital information if a storm takes out power and phone lines. Save key documents and information in a safe place and consider a battery-powered charger.

## 6. Think about what may be impacted by strong winds or flooding



Around the home there may be guttering, pipes, roof tiles/slates, garden items and important items stored on the ground floor which could be at risk from severe weather. Make some checks and maintenance, and consider moving items.

## 7. Plumbing checks can save your money



Check your pipes are insulated and know where your stop tap is.

## 8. Have some basic supplies and a grab bag ready



Make sure you have some basic supplies such as bottled water, medicines, torch, radio and batteries in a 'grab bag'. This will help if you have to leave home quickly or your power or water are disrupted.

## 9. Think of your neighbours



Share this checklist with your neighbours, and see if they have any other tips. You can also tell them if you can help in severe weather.

## 10. Think of your community



There are lots of things you could do to help your community, particularly if severe weather hits. Contact your local resilience forum for more information.