

ARE YOU

WEATHERREADY?

We may not be able to plan ahead quite like we did last winter but thinking ahead and preparing for what the weather may bring can make a real difference.

Here are a few simple steps you can take to prepare yourself, your vehicle and your home or business.



Get your flu jab

Seasonal flu occurs every year, usually in winter. The flu vaccine can reduce the chances of those most vulnerable to COVID-19 getting flu.



Check your vehicle is winter ready

Top up with a screen wash that is effective in cold temperatures, check your tyres are road-worthy and pack a winter kit for your car.



Check your heating

Cold weather can be a risk to your health especially if you are over 65 or have a long-term health condition. Your home should be heated to more than 18°C.



Plumbing checks can save money

Freezing and thawing can cause pipe bursts. Check your pipes are insulated especially outside and make sure you know where your stop tap is.



Weatherproof your home and garden

Think about what might be impacted by strong winds or flooding around your home. Organise maintenance checks and consider moving items.



Have basic supplies to hand

Put useful things such as water, torch, and batteries plus emergency numbers in a bag in case a storm takes out power, water or phone lines.



Make alternative plans

You may need alternative commuting plans for severe weather, and alternative childcare plans in case of school or nursery closures.



Think of vulnerable neighbours

Look out for others in your community and help people access the supplies, help or information they need to keep them safe and well in winter.

www.metoffice.gov.uk/WeatherReady

Are your friends, neighbours and community WeatherReady for the winter? Help them prepare by sharing this checklist or join the conversation online #WeatherReady